



Self-development begins with intention. Set your goals, dream big, and watch the extraordinary unfold.





within yo	ou do for yourself as well as ur classroom this year?	
PERSONAL GOALS	TEACHING GOALS	
		and the second second



As you set your teaching goals remember your personal wellness is the foundation for creating an inspired and thriving classroom.

Embrace self-care and set boundaries.





## LET IT ALL OUT

A new year can feel like a fresh slate. You've had time to reset and enjoy time away from the classroom. Use this space to rant, vent, and write about how you want to approach the new term.

BOX